

COMMUNITY IN ACTION HAMILTON



ISSUE

Youth today are facing growing challenges—from mental health struggles and family stress caused by rising costs, to the isolation that comes from feeling excluded or judged. Without support, these barriers can affect their future. Access to mental health services and inclusive programs is vital. These resources help youth build resilience, confidence, and connection. With your support, we can provide youth the tools they need to feel empowered, connected, and ready to build a better future.

In Hamilton, 39% of high school students want to talk to someone about a mental health or emotional concern, but they don't know where to turn.

IMPACT

**86**Local Programs
Receiving Support**99,194**Local Hamilton
Residents Helped

YOUR DONATION IN ACTION

**\$100/
MONTH**

provides an 8-week social skills learning course to 5 neurodiverse children to help them build their social supports

**\$30/
MONTH**

provides supplies for 75 children to access literacy programs to support their academic success and engagement

**\$8/
MONTH**

provides safe-space training to 10 youth to support the inclusion and wellbeing of 2SLGBTQ+ youth

LEADERSHIP GIVING

With a gift of \$100+/month or \$1,200+/year, you can become a United Way Leadership donor.

Step up and lead with purpose, today!

LEARN MORE



Let's work together to turn compassion into action. **United in ACTION**, we can strengthen local support and create lasting change.

Scan the code to see the impact of your local love.