

LOCAL ISSUES

MENTAL HEALTH**ISSUE**

Mental illness shouldn't lead to poverty, but far too often it does. Discrimination prevents many from education and employment, making it hard to earn a livable income. As a result, many spend years below the poverty line, facing limited options and daily hardship. People with mental illness often live in chronic poverty, unable to break the cycle due to stigma and systemic barriers. With your support, we can invest in local programs that break down these barriers and help people build stable, healthy, and connected lives.

In our communities, 1 in 6 youth live with mood or anxiety disorders, and 46% of high schoolers report poor or fair mental health.

IMPACT**78**Programs
Receiving Support**122,985**Individuals
Receiving Help**YOUR DONATION IN ACTION****\$100/
MONTH**

provides one year of 24/7 on-call support to help distress line volunteers navigate challenges while answering calls

**\$30/
MONTH**

provides one individual with 6 fully subsidized counseling sessions with a registered psychotherapist

**\$8/
MONTH**

provides one substance use education workshop to high school students

LEADERSHIP GIVING

With a gift of \$100+/month or \$1,200+/year, you can become a United Way Leadership donor.

Step up and lead with purpose, today!

LEARN MORE

Let's work together to turn compassion into action. **United in ACTION**, we can strengthen local support and create lasting change.

Scan the code to see the impact of your local love.