

## LOCAL ISSUES ISOLATION



### ISSUE

Many people in our community, including seniors, 2SLGBTQ+ members, racialized individuals, people with disabilities, and those with low income, face barriers to inclusion. This can lead to higher rates of poverty, isolation, and mental health challenges. In a healthy community, everyone should feel seen, supported, and connected. With your support, we can foster belonging and mental wellness for all, building stronger, more inclusive neighbourhoods.

**30% of Canadian seniors face the risk of isolation, a growing challenge identified by the International Federation of Aging.**

### IMPACT

**61**Programs  
Receiving Support**93,073**Individuals  
Receiving Help

### YOUR DONATION IN ACTION

**\$100/  
MONTH**

provides a seniors facility with a weekly visit from a therapy dog and volunteer to support their wellbeing

**\$30/  
MONTH**

provides delivery of 48 meals to isolated individuals in their homes to support their health and wellness

**\$8/  
MONTH**

provides a critical crisis intervention that helps prevent homelessness for a newcomer family in need

### LEADERSHIP GIVING

With a gift of \$100+/month or \$1,200+/year, you can become a United Way Leadership donor.

Step up and lead with purpose, today!

### LEARN MORE



Let's work together to turn compassion into action. **United in ACTION**, we can strengthen local support and create lasting change.

Scan the code to see the impact of your local love.